THE MARIANIST FAMILY RETREAT CENTER



2023 WINTER-SPRING-SUMMER RETREAT PROGRAMS

417 Yale Avenue P.O. Box 488 Cape May Point, New Jersey 08212-0488 (609) 884-3829 Email: mfrc@capemaymarianists.org Web: www.capemaymarianists.org

Our Mission



In partnership with the larger Marianist family, the Marianist Family Retreat Center offers all who seek personal and spiritual growth, a wide choice of Christ-centered communal retreat experiences in the Catholic Tradition.



FAMILY RETREAT SCHEDULE

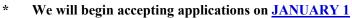
Spring Family Retreat Weekends (Fri. Dinner to Sun. 2pm)

March 3 - 5 Latino Family Retreat April 6-9 Easter Triduum Retreat (Thurs - Sun) Pg. 2 May 19-21 Families with Young Children Pg. 2

Summer Family Retreat Weeks*

(Arrive Mon. afternoon; depart Sat. 1pm)

Week #1	June 26 - July 1
Week #2	June 26 - July 1 July 3 - 8 Masterpi
Week #3	July 10 - 15
Week #4	July 17 - 22 Single-Parent Family Retreat
Week #5	July 24 - 29 Special Family Week ***
Week #6	July 31 - Aug. 5
Week #7	August 7 - 12
Week #8	August 14 - 19 🦰



- ** Reserved for single-parent families only. However, single-parent families are welcome to apply for any family retreat—Please call to discuss this option.
- *** Intended for families who have been here multiple times with all children aged 8+



Come join us for our silent guided retreat days. Mass and a morning presentation will begin each day. Silence will then be maintained to help you discern the presence of the

Spirit in your life. Meals will also be in silence. August 28 - September 1



Youth & Young Adult Retreats

Each of these weekends is designed to bring young people together providing an opportunity to enhance their spiritual and human development. There will be presentations, time for personal and group reflection, Mass, special liturgies and plenty of other fun activities.

College-Age* Retreat

January 6 - 8 **High school seniors are welcome to attend this retreat.*

Young Adult Retreat (ages 22-35)

February 10 - 12

Spring High School Teen Retreat March 17 - 19

Adult Retreat Offerings - see pgs. 2-3

Weekend Retreats:

Spiritual "Getaway" Weekend March 10 - 12 Contemplative Prayer Retreat Women's Wellness Weekend Widows Retreat Spirituality of Knitting & Needle-crafting Mother/(Adult) Daughter:



May 12 - 14

Special "Mid-Week" Programs:

Gift of Days: Spirituality & Aging Spiritual "Getaway" Days Cleaning & Maintenance May 9 - 11

June 6 - 8 June 19 - 23 See back cover

Open to Families & Individuals:

Easter Triduum Retreat

April 6 - 9 (Thurs - Sun)

See 2023 Retreat Calendar for Rate & Deposit Information (p. 3)



Spring/Summer Family Retreats

(See pg. 3 for rate & deposit information)



Six to eight families (Grandparents welcome, too!) come together to form a Christcentered community.

We strike an intentional balance between fun and prayer!

Daily Mass and prayer services are complemented by skits,

presentations, family-sharing, peer group discussions and other fun activities - including plenty of beach time in season! All join in community tasks, such as cleanup after meals. **Retreat themes** focus on family spiritual life through affirmation, communication, forgiveness, commitment & service.

Families with Young Children Retreat

This retreat is offered for families with all children who are 7 years & under and is primarily for the parents. It will include small group sharing with other parents, spiritual refreshment (while the children are cared for) as well as fun family activities. May 19 - 21



Holy Week Triduum Retreat

This weekend is for families and/or individuals who are seeking a special way to celebrate the Triduum. Our time will be filled with the Holy Week liturgies,

quiet time and community building. April 6 - 9

Contemplative Prayer Retreat

This weekend retreat is for first timers as well as those wishing to rekindle their contemplative prayer experience. There will be daily Eucharist, input, sharing and quiet personal time for prayer and to reflect on one's experience. March 24 - 26



Join with women of faith for this special relaxing weekend focused on women's wellness—body, mind and spirit. In addition to spiritual wellness and daily Mass/

prayer services, there will be opportunities for nature walks, individual exercise, optional yoga/stretch sessions and of course healthy menu options.

March 31 - April 2

Spiritual "Getaway" Weekend

Join us for a relaxing weekend - no set program to follow. There will be meals, daily Mass & evening prayer. Take a nature walk, rock on the porch or ride your bike to Cape May - your time is your own! March 10 - 12

Spirituality of Knitting & Needle-crafting

This retreat will be an exploration of the *spirituality* of knitting & needle-craft and our relationship to a loving God. All ages and all levels of experience are welcome! **May 5 - 7**

Mother & (Adult) Daughter Retreat



Knowing that your relationship is special, and the need to nurture it throughout the years, this is a wonderful opportunity to cherish it together. Eucharist, small group sharing, prayer experiences,

socials and fun are included. May 12 - 14

A Retreat for Widows

We will look at our own individual stories for courage and wisdom. We hope to discover how in the sharing of our stories, we continue to find strength and hope. There will be time for sharing in small groups, Eucharist and other appropriate liturgies. **April 28 - 30**

Interested in Volunteering?

If you are **16 years of age or older**** you are eligible to be considered for a volunteer position at the Center. If you are **15 years of age**** you may be eligible, provided that your parent(s) or guardian(s) are present at the retreat. **Sorry, there will be no exceptions**

Mid-Week Retreats

The Gift of Days: Spirituality & Aging

May 9 - 11

A retreat for those over 55 years, that will address the mystery of aging as God's desire for our fulfillment and spiritual development. The retreat will consist of input, quiet time, prayer rituals, and small group sharing.

Spiritual Getaway Days

June 6 - 8

There's no required program to follow. You're invited to daily Eucharist, morning/evening prayer, and meals with the Marianist Community members. Sacrament of Reconciliation and/or spiritual direction are usually available upon request.

2023 CALENDAR & RATE INFORMATION

DATE	RETREAT PROGRAM	RETREA	T FEES	DEPOSITS	
		Per person	Per Per-	Maximum	
		8 yr. to Adult	son 2 to 7 yr.	Family Fee**	Deposit
JANUARY					
6 - 8	College Age Retreat (ages 18-22)	\$145			\$145/person
FEBRUARY					
10 - 12	Young Adults Retreat (ages 22 - 35)	\$145			\$70/person
MARCH					
3 - 5	Latino Family Retreat	\$145	\$100	\$550	\$175/family
10 - 12	Spiritual Getaway <u>Weekend</u>	\$140			\$70/person
17 - 19	High School Teen Spring Retreat	\$145			\$145/person
24 - 26	Contemplative Prayer Retreat	\$150			\$70/person
31 - Apr 2	Women's Wellness Weekend	\$150			\$70/person
APRIL					
6 - 9	Holy Week Triduum Retreat (3 nights)	\$165	\$110	\$600	\$175/family
28 - 30	Widows Retreat	\$150			\$70/person
MAY					
5 - 7	Spirituality of Knitting & Needle-crafting	\$150			\$70/person
9 - 11	Gift of Days Retreat - Spirituality & Aging	\$145			\$70/person
12 - 14	Mother & (Adult) Daughter Retreat	\$150			\$70/person
19 - 21	Families w/ Young Children Retreat	\$145	\$100	\$550	\$175/family
26 - 29	Center closed for Memorial Day Weekend				
JUNE					
6 - 8	Spiritual "Getaway" Days	\$140			\$70/person
19 - 23	"Mid-Week" Cleaning & Maintenance Days	** No (** No Charge ** Please call if you can help		
	June-August: Summer Family Retreat Weeks				
June 26 - July 1	June 26 - August 19 (see cover page for details)	\$230	\$155	\$1,450 \$950 for SP Families	\$500/family \$250/SP family
Aug 28 - Sept 1	Silent Guided Retreat (4 nights)	\$200			\$100/person

****** Maximum Family Fees

- ☑ Weekend Family Retreat max fee for any one family is \$550
- ☑ Triduum Retreat max for any one family is \$600
- ☑ Summer Family Retreat max for any one family is \$1,450; \$950 for single-parent families

The "family maximum" applies to immediate family members (parents and minor or collegeage children living at home). Grandparents and/or adult children are not included in the "family maximum."

Financial Assistance Information

It is our goal <u>that no one be</u> <u>denied</u> the graces of a retreat at "Mary's House." *Financial assistance* may be available. In addition, monthly payment plans can be arranged for the deposits required and/or balances due at the end of a retreat.

See online application



Easiest way to register is to use our online application at www.capemaymarianists.org

OR

You can call our office at: 609-884-3829 <u>if you do not</u> <u>have access to a computer</u> and we will take it over the phone. Marianist Family Retreat Center 417 Yale Avenue P. O. Box 488 Cape May Point, NJ 08212-0488

RETURN SERVICE REQUESTED



2023 Winter-Spring-Summer Retreat Offerings NON PROFIT ORG U.S. POSTAGE PAID Bellmawr, NJ Permit #340

Apply online at www.capemaymarianists.org or call 609-884-3829 to apply by phone with a credit card deposit.

Dear Friends,

Our staff and local Marianist Community wish to extend a special invitation to you and your family to attend one of our many retreat programs. Core to the belief of Blessed Chaminade, founder of the Marianist Family, is that faith formation is a life-long process of growth and development—as he was fond of saying, from "cradle to grave." Our hope is that your faith experiences here at Mary's house will energize all aspects of your baptismal call.

As in years past, I always like to take this opportunity to mention the names of our dedicated staff here at the Center, folks who devote much of their lives to our shared ministry.

Administrative:	Anthony Fucci	_	
	Diane Read		HELP NEEDED!
	Regina Lutjen		CLEANING & MAINTENANCE
Program Staff:	Jessica Sherwen		
	Fr. David McGuigan, SM	<i>Ca</i>	June 19 - 23 (or part of), If you are available
	Bro. Esteban Reyes Duran, SM		June 19 - 23 (or part of), If you are available to perform light <u>maintenance and cleaning</u> in
	Bro. Stan Zubek, SM		our houses, please contact us to sign up.
Food Service:	Susan Fleming	n sol	Additional "post-summer' dates are
Maintenance:	Steve Lutjen		September 5 - 8
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God's Blessings on you and your families!

Anthony Fucci Center Director



The Center is fully accessible to those with physical disabilities; however, occupancy is limited. Should you require these accommodations, please note that on your application and call the Center.